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Dazzling for donations

Photos by MILES FURUICHI Photo Editor

Student performers strike a final pose during the 34th annual American Celebration fundraising event last Saturday evening in Memorial Hall. The event raised $2 million for student scholarships. Visit thepantheronline.com for a slideshow of photos.

Laptop rental

Mia Baybayan, a student government senator, is working to create a laptop rental program for students to use for free while on campus. The program would cost around $35,000 to $40,000.

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Senior Johnny Demshki is the president of the Home-Brew Club, which specializes in brewing its own beer off campus. Students must be at least 21 years old to join the club.

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Tupac soundtrack

Check out this week’s Soundwave blog interview with Professor Henry Finch who was commissioned to do the soundtrack for Tupac Shakur’s final film, “Gang Related.”

thepantheronline.com
American Celebration an evenings of lasts

The night of song and dance was Jim Doti's final performance as president, and the event's last year in Memorial Hall

Xavier Leong | Staff Writer

Student performers helped raise more than $2 million at American Celebration Saturday night, as they put on a show in Memorial Hall filled with dancing and singing.

American Celebration is one of Orange County's largest fundraising events, according to university spokesperson Mary Platt. Over the last 33 years, the event has raised $26 million to fund scholarships for students.

Junior screen acting major Matthew Manhard, a vocal soloist in the "Stayin' Alive" act, said that he appreciates the opportunity to support Chapman. 

"(American Celebration) is a culmination of all the different art departments coming together for a good cause and to support Chapman, the place we call home," he said.

This is the last year that American Celebration will be held in Memorial Hall, as next year's event will take place in the Musco Center for the Arts, which is set to open in March.

Akin Ceylan, a board member and '90 alumnus, said that the change in venue will allow the event to continue growing in size. 

This year was also Jim Doti's last American Celebration performance as the university's president, as he will be stepping down next August. This was commemorated by a video playing in the background that showed his performances over the years with Julianne Argyros, a member of Chapman's president cabinet, as the two sang and danced to "I Remember it Well" from the 1958 film, "Gigi."

The night featured renditions of songs from "Rent" and "Smash," including performances celebrating various cultures.

The event brought in some celebrities, including actor James Caan, who had significant roles in films including "The Godfather" and "Elf." His son, sophomore business administration major Jimmy Caan, is a defensive back on the Chapman football team.

James Caan received the Lifetime Achievement in the Arts Award, and announced that he will teach an acting class at Chapman starting in December.

"I've come to realize that it's not the award, but who gives it to you," James Caan said during his acceptance speech. "And this is very, very moving for me because over the last couple of years, I've grown to fall in love with this school and its people, and what it stands for … so getting this from you guys is extra special."

Senior theatre major Shelby Stewart sang a solo in the "Be Italian" number. She mentioned that a change in rehearsal helped the overall performance.

"The performance went really well," Stewart said. "We only had two weeks to rehearse, which worked better. We had three weeks during my freshman year, and as long as we put on a quality show, less rehearsal is better."

The event began on Friday, when Akin Ceylan, a board member and '90 alumnus, announced that he will teach an acting performance over the years with Juli- anne Argyros, a member of Chapman's president cabinet, as the two sang and danced to "I Remember it Well" from the 1958 film, "Gigi."

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No more ifs, ands or cigarette butts about it

Student government proposes banning smoking on campus

Tryphena Wardlaw | Senior Writer

Chapman could become a smoke-free campus as of Jan. 4, 2016, according to a revision to the student conduct code proposed by student government Nov. 2.

The policy, written by Student Government President Josh Nudelman and Dodge College of Film and Media Arts Senator Henry Callander, states that health risks associated with secondhand smoke have caused Chapman to consider prohibiting smoking on all university-owned property. Student government members have submitted the proposal to senior staff.

"This is a really big push. It’s a healthy choice to make our campus smoke-free," Callander said.

Callander has been working on this campaign throughout the semester. In September, he distributed a survey, which showed that 78.1 percent of 600 students were in favor of a tobacco-free campus, 16.4 opposed it and 5.5 percent were impartial.

Since the beginning of the semester, he and Nudelman have been drafting possible policy revisions, which were submitted for review to senior faculty and President Jim Doti.

Chapman’s current smoking policy states that students 18 years and older are permitted to smoke in designated smoking areas. These are not in any university-owned buildings, courtyards or sidewalks or within 25 feet of any building entrance.

The revised policy, which would not take effect until January, states that cigarettes are prohibited, as well as electronic cigarettes and vaporizers.

"We really tried to encompass all aspects ... and look to the future," Nudelman said. "Because five years ago, people didn’t think that vapes were. They weren’t a thing."

Student government is teaming up with the student health center to create a credible medical backing to the campaign. Although Callander and Nudelman understand that student government can’t tell students to stop smoking, they just want to make sure the smoking does not happen on campus.

We just really want people to (smoke cigarettes) away from main campus," Callander said. "You know you don’t want to be in the Piazza and be subjected to that when the Piazza is literally the one main place that everybody is in.

"Asking (students) to go off campus just to smoke is a little absurd in my opinion."

-Mikaela Grumbach

According to the Americans for Nonsmokers’ Rights, as of Oct. 2, there are at least 1,620 smoke-free campuses.

As a way to get more feedback from students and discuss the new changes, student government will table in the Attallah Piazza.

"So much of Chapman’s policies are not discussed with students, and so student government should be able to tell students the proposals," Nudelman said. “It’s one thing for us to say, ‘Chapman University is smoke-free.’ We can say it all we want but unless we have the backing and the enforcement, it means nothing.”

Mikaela Grumbach, a junior strategic and corporate communication major, did not know about the proposed policy changes, and wondered if students were allowed to vote on the initiative and voice their opinions.

"I think that would be totally ridiculous," Grumbach said. "It’s not like people are smoking inside. People are doing it outside. There are a fair amount of people that smoke (electronic cigarettes) and vapes, and asking them to go off campus just to smoke is a little absurd in my opinion.”

According to Callander, studies show that international students smoke more than students who are born in the United States, which caused him to speak to Susan Sams, the international student and scholarly services coordinator.

"I am not stereotyping by saying that international students do smoke more, because it has been proven that they do," Callander said. "And that’s fine because it’s just a different culture. They just need to know that they are going to be in this culture now.

There’s going to be change."

To prevent butts from littering the sidewalks outside of campus, Callander proposed using student government funding to install ashtrays.

He understands that imposing consequences for violating the policy would be difficult, and explained that students who are repeat offenders would be sent to the dean’s office, and faculty offenders will be sent to Human Resources.

"I think that if (student government is) trying to initiate healthier student behavior, then the effort is commendable, but the administration must be ridiculous to think that (prohibiting smoking) will deter smoking on campus, said Pyshou Choueby, a senior business administration major. "If they’re tired of the smell and smoke, then actual designated areas would be way more beneficial."

If the policy does not pass with student government and senior staff, Callander and Nudelman will create a petition online for people to sign in favor of the initiative.

Laptop rental program in student union gains ground

Zian Ang | Staff Writer

Junior Mia Baybayan, a student organization senator, is working on creating a laptop kiosk program, which she says would serve as a “vending machine for laptops” in the student union.

The program, which is expected to be implemented after the beginning of interim, will consist of eight MacBooks and four Windows laptops—all free for students to use. Baybayan hopes this will make it more convenient for students who do not own laptops.

"I think there’s a certain culture at Chapman where everyone is expected to have their own laptop and the necessary computer programs for their classes," Baybayan said. "However, a lot of us don’t realize is that there are students here who don’t have their own computer.

Students will be able to check out a laptop with their student IDs. The laptops will be available during the student union’s hours, and students can take them anywhere on campus, including to class.

The initiative is a continuation from Mikey Keyser’s proposal from program proposal, headed by former Academics Committee Chair Daman Singh, a senior chemistry major. Assistant Director of the Student Union Mike Keyser approached Baybayan because he had been working over the summer to add more mobile technology to enhance the student union, after receiving results from a student government survey that showed a student interest in the laptops.

“We recognize that there are some folks that don’t have laptops, so this is an option for them to take a laptop to class or benefit from mobile printing,” Keyser said.

Baybayan added that the program will be convenient for students who don’t want to carry around a laptop all day.

"I think there’s a certain culture at Chapman where everyone is expected to have their own laptop and the necessary computer programs for their classes," Baybayan said. "However, a lot of us don’t realize close to becoming obsolete. Other items available for borrow include phone chargers, computer chargers, headphones and a game system.

The program will cost around $35,000 to $40,000, Keyser said. He hopes to confirm a funding plan with student government and Information Systems and Technology, although they have not decided on any plans yet.

Keyser said that the laptops would be helpful for students if their devices die unexpectedly.

"This is a backup plan, especially when students may need to continue their normal studying routines so they won’t have to sacrifice their laptops with the programs that they need," he said.
Phi Sigma Sigma sorority’s appeal rejected

Jackie Cohen | Assistant News Editor

The Phi Sigma Sigma sorority’s appeal to keep the chapter on campus was denied Nov. 2, according to junior Julie Nguyen, a junior English major who served as Phi Sigma Sigma’s president.

The sorority was disbanded from campus Sept. 21 because of the chapter’s low number of members. Phi Sigma Sigma was given two weeks to submit an appeal, but last week received a letter that rejected the appeal.

“The letter informed our sisters that Supreme Council (the sorority’s international governing body) voted to revoke the charter of the Epsilon Delta Chapter, effective immediately,” Nguyen wrote in an email.

Phi Sigma Sigma members were unable to provide the letter to The Panther.

According to Jaclyn Dreschler, Chapman’s Greek life program coordinator, having an appeal accepted in the early impossible, as Phi Sigma Sigma rarely, if ever, accepts appeals.

“I hope that was communicated to the women,” Dreschler said.

Dreschler added that the members of Phi Sigma Sigma had been told that the decision would be made by the end of October. Almost a month after Phi Sigma Sigma submitted the appeal, the sorority’s national president sent all members a letter saying that the chapter would not be reinstated.

The chapter can rezone at Chapman in 2020 with Panhellenic Council, the governing body of Chapman’s eight remaining sororities, and Chapman’s approval.

“We’ve certainly told (Phi Sigma Sigma) that they are welcome to come back anytime they want. And we certainly will honor that,” said Jerry Price, vice chancellor for student affairs and dean of students.

Phi Sigma Sigma had around 70 active members when it was disbanded, compared with other sororities that have between 150 and 200. All of the women who received bids from Phi Sigma Sigma during this year’s recruitment were released so that other sororities could recruit them through continuous open bidding, an informal process that sororities use to recruit more members after formal recruitment, according to Dreschler. Active members were granted immediate sorority alumnae status.

Price said he has spoken to some members of Phi Sigma Sigma to support them and show them the positive side of being considered alumnae.

“It’s not like they aren’t going to be members of a sorority anymore – it is just that they’re suddenly put in this new status,” Price said.

“If you think about it, you’re going to be a member of the sorority theoretically for the rest of your life, only four years or fewer are put in this new status,” Price said.

“Moving forward, I can see that continuing in the Greek life is going to look like,” Dreschler said. “I’m not sure exactly how that is going to look like.”

Representatives from the national Phi Sigma Sigma alumnae, “We’re continuing to support Phi Sigma Sigma in this manner,” said sophomore Mani Woodley, a member of the Black Student Union who participated in Airbands.

“What happened certainly wasn’t their fault, and so the fact that they weren’t able to be part of Airbands, possibly for the last time, was very gracious and considerate of (Gamma Phi Beta sorority’s) part,” Woodley said.

Dreschler hopes that the Greek community will continue to support Phi Sigma Sigma in this manner.

“Being in a larger sorority gives you brothers and sisters, and when you form sisterhood through your Greek life, only four years or fewer are put in this new status,” said sophomore Mani Woodley, a member of the Black Student Union who participated in Airbands.

“What happened certainly wasn’t their fault, and so the fact that they weren’t able to be part of Airbands, possibly for the last time, was very gracious and considerate of (Gamma Phi Beta sorority’s) part,” Woodley said.

Dreschler hopes that the Greek community will continue to support Phi Sigma Sigma in this manner.
Chapman's Argyros School of Business and Economics was ranked No. 68 on Bloomberg Businessweek's list of the best business schools in 2015. This is the first time Chapman's business school, which ranked above the University of Mississippi and below Syracuse University, has been on Bloomberg's list.

"I'm very excited about the ranking, which reflects the hard work of the faculty, staff and students of the Argyros School, but also the tremendous support that we get from the Chapman University senior leadership team, our board and other members of the business community," said Olya Zorya, dean of the Argyros School of Business and Economics, wrote in an email.

According to Bloomberg Businessweek, the ranking process was different this year. For the first time, Bloomberg surveyed MBA students after graduation to gain more insight into what graduates of each business school can expect in their future careers.

When ranking the business schools, Bloomberg took into consideration employer surveys, alumni feedback, student surveys, job placement rates and starting salaries.

Chapman's best ranking, No. 44, came from employer surveys, which collected feedback from recruiters about the skills they look for in MBA students and which schools best prepare students with those skills.

Bloomberg reviewed data from more than 13,150 current students, 18,540 alumni and 1,460 recruiters across 177 business school programs, according to its website. "Students in the Chapman master's program hope that the school's prestige continues to increase. "My hope is that it will only get better from here and that the value of my degree will increase," said Amanda Green, a second-year MBA student. "I hope that the MBA program continues to improve in ranking and that the prospects for graduates continue to improve." I came back to school to advance my career, so I would hope that opportunities, relationships with employers and salaries continue to improve for graduates of the program," Green said that some of the master's courses are challenging, but believes it is only to ensure that students gain the foundational skill set necessary to succeed.

"I have had a positive experience in the MBA program," said Chapman. "Argyros emphasizes the personalization of learning, and as such, professors are extremely approachable and always available to help." Master's students have also found the curriculum beneficial when working in the real business world. "I find it incredibly useful that academic curriculum is tied up very closely to the actual business environment," said Olya Zorya, a second-year student in the master's program. "This is not a simple formula which you have to memorize. This is a concept, which you need to know how and when to apply."
Carl Wilkens discusses experience in Rwandan Genocide

Zian Ang | Staff Writer

Among the violence and deaths that surrounded him during the Rwandan genocide in 1994, Carl Wilkens was the only American to remain in the country.

Wilkens told his story to students and faculty members Nov. 3 in Beckman Hall, describing how he left his family and risked his life to help people around him during the genocide.

“I hope one of the things (students) can take away is that it’s easy to find out the first thing about identity, tragedy, loss and horror,” Wilkens said. “Our future doesn’t have to be defined by the horrible things that may have fallen on us. Our future can be defined by what we do with what remains.”

As the county director of the humanitarian branch of the Seventh-day Adventist Church, Wilkens ignored pleas from his family, church members and the U.S. government to escape the country, and instead decided to stay in Rwanda to help orphans who were trapped in the country during the genocide.

The event, which was named after Wilkens’ autobiography, “I’m Not Leaving,” was hosted by College of Educational Studies professor James Brown. Brown said that his courses revolve around controversial histories and the question of, “Who stands between perpetrators and victims?”

Brown has been inviting Wilkens to present in his classes since 2007, as Brown believes Wilkens’ story exemplifies what he hopes to teach his students.

“Not everyone are bystanders who just watch things happen, and I am a bystander to a great extent,” Brown said. “However, there are a few examples where people actually decided to stand up to become a rescuer or be more of an activist, and I think Carl epitomizes that under the most challenging situations.”

During his presentation, Wilkens navigated the audience through his experience in Rwanda, while telling personal stories and showing pictures and videos.

The genocide was the result of Rwandan President Juvenal Habyarimana’s death in a plane crash in 1994, according to the United Nations. A Hutu himself, Habyarimana’s assassination sparked the Hutus — the majority of Rwanda’s population, followed by Tutsis and Twa — to slaughter the Tutsis to preserve their power.

In his presentation, Wilkens also highlighted the crucial role women have played in post-genocide Rwanda. One of Rwanda’s most progressive changes is its parliament, which is made up of 64 percent women — the highest proportion of women in parliament in the world.

Wilkens said that the process of writing his autobiography was a learning experience.

“The book really helped me to wrestle with some things that I haven’t thought of before,” he said. “There are a lot of things you can discover when you journey back there in your mind and try to capture that on your page … You discover a process that you wouldn’t have discovered if you weren’t writing about it.”

The event gave communication studies major junior Greg Hershler a new perspective.

“The documentary was extremely powerful in the sense that it presented a whole new perspective on how sheltered America is,” Hershler said. “Today, all I had to worry about was (whether) to go to class or not, while so much worse is actually happening out there.”

Students get a taste of other cultures at food fair

Tryphena Wardlaw | Senior Writer

Students munched on crickets and other worldly dishes at the International Food Fair, which gave people the opportunity to learn about foods from various cultures on Nov. 3 in the Attallah Piazza.

The event, which was sponsored by the Center for Global Education and student government, featured clubs that served dishes representing cultures from all around the world.

“We want to highlight the Chapman diversity,” said Junko Takada, a department assistant in the Center for Global Education. “I think it was great and a very successful event.”

China, represented by the Asian Pacific Student Association, won the title of best meat; best vegetarian dish went to Saudi Arabia, represented by the Chapman Arabic Club; and the Nihongo Club, representing Japan, won best overall meal.

Takada said that Chapman has about 450 international students on campus, and that the number has grown over the last couple of years.

Milo Le, a junior business finance major from Vietnam, is the president of the International Student Association, a new club on campus, and also attended the fair.

“We have a really diverse group of people on campus,” Le said. “I just like the fact that I get to serve the food of my people, get it out there and let people know about my food.”

The International Student Association, representing Serbia, won best dessert.

Chancellor Daniele Struppa, representing Italy, serves lasagna at the food fair.

Chancellor Daniele Struppa got involved in the event by representing Italy, which was some students’ favorite station.

“I love the Italian station,” said Ryan Brown, a sophomore business major. “It brings out my heritage. I am 50 percent Italian and God bless it, because the food is so great. Also, free food is great.”

Robert Schultz, a junior political science major, was excited to learn about other cultures.

“The food is great and it’s awesome to learn about other cultures,” Schultz said. “I really love all the food from China.”

The fair was the first event of International Education Week, which is put on by the Center for Global Education. On Nov. 4, the “Through my Eyes: A Foreign Lens” event offered students the opportunity to learn more about studying abroad and enjoy guest speakers in Argyros Forum.

Winners
Best overall
Japan (Nihongo Club)
Best meat
China (Asian Pacific Student Association)
Best vegetarian dish
Saudi Arabia (Arabic Club)
Best decor on table
Hawaii (Pua’ikeana Club)
Best dessert
Serbia (International Student Association)
Most creative
United Nations (MBA student Charlotte Ouwehand)
Honorable mention
Brazil (International Student Association)

Other tables that participated
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France (French Club)
Saudi Arabia (Muslim Student Association)
Israel (Hillel)
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Get on course with captivating classes

ART 296 Contemporary Gallery Practice

ART 296 takes students out of the classroom to independent galleries in the Los Angeles area. Twice a month, the class ventures to galleries to speak with curators and artists and are exposed to contemporary art. In the classroom, students write reviews of gallery shows. They discuss technique to go behind the scenes in a gallery system and learn the process of curating an art show, which is the final project.

“If you’re aiming for a career in the arts, you don’t want to miss this class,” said art professor Marcus Herse. “You get to know the people in the art industry first hand. It’s very important in the art world to make personal contacts because it’s such a small place.”

This course is offered every spring for three credits and can be taken to satisfy the artistic inquiry general education requirement.

Dodge College of Film and Media Arts

PRA 316 Special Events Planning

PRA 316 students create and plan a portion of the Dodge College commencement ceremony. The class is taught in a workshop style and students have a hands-on experience of the entire production process.

Professor Jessica Whitney said students will learn about aspects of events such as design, technical production, entertainment, food and beverage planning, logistics and incorporating event sponsorships.

Unlike other classes at Chapman, the final project allows students to see their work in action, as it will be pivotal for the May 2016 commencement.

The course is offered in the spring for three credits.

IES 207 The Pursuit of Happiness and Knowledge: Walt Disney and Charles Darwin

IES 207 is a course about the lives of Walt Disney and Charles Darwin that explains how the two men’s lives still have a huge impact on society today.

This course explores the differences and similarities between the two men’s ideologies and the human desire for both fantasy and reality.

“The lectures were always entertaining and the professor is so intelligent in every aspect,” said junior integrative educational studies major Blanca Adamo. “The most I got out of it was the value of happiness and how we can bring that to other people’s lives.”

As Chapman is only 5 miles from Disneyland, the opportunity to learn about the background of such a massive, local business is “one that shouldn’t be passed up,” Adamo said.

This course is offered every semester for three credits.

College of Educational Studies

TH 110 Introduction to Acting

Introduction to Acting is a beginning-level acting course that teaches students the basics of creating unique characters, running through scenes and performing in front of others.

Adam Frey, a sophomore economics major who is currently enrolled in the course, said a typical day with theatre professor Ivar Brogger, begins with a warm up. The class will stretch and do various vocal exercises, such as tongue twisters, in order to prepare for the in-class activities. Students are encouraged to wear clothes that allow for movement so they can easily participate in the daily exercises and improvisational activities.

Frey said some of the acting exercises include script memorization and performance and even one activity where students spontaneously act like animals. Most recently, Frey said students were assigned movie scenes to perform, his being a scene from “Little Miss Sunshine.”

“I like the class because it’s easy ... it’s something I don’t really have to think about,” Frey said. “I just get to go there and do whatever (the professor) has planned.”

The introductory course is being offered for three credits in the spring semester, and is taught by various professors. It is open to non-theatre majors as well as theatre majors who are in the technology area of study.

The credits can fulfill the artistic inquiry general education requirement.
Bringing down the cleaver on processed meat

Tryphena Wardlaw | Senior Writer

Claire Wright stopped eating processed meat about a year ago, with the exception of "cheat days" about twice a month, due to the negative effects it had on her skin. "I stopped eating processed meat because it makes my skin break out. I have psoriasis (a condition where skin cells grow too quickly and build up instead of being shed), and processed meats upset it," the senior creative writing major said.

After examining thousands of studies, the World Health Organization released a statement in 2015 that cancer or the consumption of processed meats, such as bacon and sausage, has a correlation to colorectal cancer — which originates in the colon or rectum. The statement said the consumption of 3.5 ounces of red meat every day raises the risk for colorectal cancer by 17 percent, and 1.8 ounces of processed meat a day increases risk by 18 percent. On average, one slice of bacon is equivalent to 1 ounce of meat.

We need to remember that red meat can be part of a very healthy diet. It’s just, we tend to eat a lot of it in the U.S.," said Anuradha Prakash, director of the food science program at the Schmid College of Science and Technology. "(Americans) eat, on average, about three quarter pounds of meat a day."

A healthy diet recommends that an individual only consume two to three ounces of meat per day, according to Prakash. This means that the average American consumes more than four times the recommended amount every day.

The World Health Organization defines processed meat as being transformed through salting, curing, fermenting, smoking or similar processes to enhance flavor or improve preservation. Most processed meats contain pork or beef, but processed meats may also contain other red meats, poultry, meat by-products, such as blood, or offal — the entrails and internal organs of an animal that can be used as food.

Prakash said individuals who are concerned with these findings should alter their diet in sustainable stages, rather than giving up red meat all together. "A lot of things cause cancer or death, but we don’t have to go from consuming it to not consuming it at all," Prakash said. "Driving a car is risky, being out in the sun is risky ... but then you take precautions. So, in this case, the suggestion is to reduce your consumption," Prakash said.

Patrick Torres | Senior Writer

For Reid Barraza, the thought of having an energy drink makes him nervous. "I do not know what is going in my body. There are all these ingredients in energy drinks that I am not sure what they are," Barraza said. "It also does not like caffeine and I know people who are so dependent on caffeine and get jittery if they do not have it.

Energy drinks are meant to enhance performance and provide an energy boost through various quantities of ingredients such as caffeine, sugar, guarana, seeds that contain caffeine, and taurine, an amino acid that combined with caffeine improves mental performance. These beverages are mostly consumed and marketed to toward younger generations, according to research by the Comprehensive Reviews in Food Science and Food Safety. The study also found that college students consume at least one energy drink per day to help them stay awake, and 34 percent of people age 18 to 24 are regular consumers — having one energy drink a day.

McDonald’s is currently testing the sale of Monster Energy drinks in about 20 American locations to get feedback from customers. In 2012, the Federal Drug Administration reported 40 illnesses and five deaths linked to Monster Energy. Since 2004, the Food and Drug Administration Adverse Event Reporting System has been reviewing reports of death and abnormal heart symptoms that could be linked to particular energy drinks such as Monster Energy, 5-hour Energy and Rockstar Energy Drink.

Lillian Were, a food science professor at Schmid College of Science and Technology, said that the ingredients in energy drinks are the reasons why they can have negative effects like high blood pressure. "The caffeine and the other ingredients are stimulants that can cause abnormal heart symptoms or high blood pressure," Were said. "Energy drinks have more caffeine than coffee, and are used to increase energy."

"I feel like I do not consume enough food to have a bad effect on me, which is why I don’t really think about it," Lee said.

In an effort to make energy drinks healthier for the consumer, companies have developed alternatives such as a zero calorie drink by HiBall Energy or the use of green coffee bean extracts in Starbucks’ Refreshers to provide a natural energy boost. These drinks are breaking away from commercial energy drinks like Red Bull (110 calories per can), Monster (100 calories per can) and 5-hour Energy (4 calories per serving), which use caffeine and sugar to energize consumers.

In 2012, 99 business alumnus Mike Cancelleri created his own natural energy drink called Positive Energy because he never approved of the synthetic ingredients used in pre-existing energy drinks. "I wanted to create something that didn’t have so many artificial flavors and stimulants like the other energy drinks have. I never liked the taste of those energy drinks," Cancelleri said.

Positive Energy, like the Starbucks Refreshers, mixes green coffee bean extracts with blueberry juice to create an all-natural energy drink. The drink has no added sugar, no artificial flavors, no guarana and no taurine, according to the company website.

Boosting your energy: think before you drink

Patricia Torres | Senior Writer

Ronnie Kaufman "Art Director

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To make Bavarian Hefeweizen beer, you need a 10-gallon tank filled with barley, grains, hops, yeast and water, which must sit at a steady 68 degrees and ferment for two weeks. Johnny Demshki, a senior accounting and finance major, knows the secrets to perfecting this brew because he’s president of Chapman’s Home-Brew Club.

“Bavarian Hefeweizen — that’s my favorite to make. It’s the one I started with and it’s the one I’ve had the most success with in competitions,” Demshki said. “It takes one month for the whole process of brewing, so I really have to pick and choose what I make and when I brew it.”

The Home-Brew Club specializes in brewing beer. The group — consisting of five active members — meets every week to talk about the process of brewing craft beer. The actual brewing takes place off campus at the students’ homes, where they use home-brew kits to make the beer.

The club took nine months to become official, which is longer than average for a club to be recognized on campus, due to the inclusion of alcohol consumption by students. To be a member, you must be at least 21 years old and no brewing or consumption of the beer is allowed on campus, as of now.

Demshki said he brews beer in his backyard. To do so, he rigs up several buckets to a refrigerator so the liquid will stay at a constant temperature and ensure the batch produces the intended quantity of beer.

Demshki’s love for the process of home-brewing sparked several years ago when his mother bought him a home-brewing kit and he taught himself how to use it.

“I’ve found the online communities and literature and the proper resources to be able to learn,” Demshki said. “I didn’t want to hand someone a beer and have him or her say, ‘Oh that’s definitely a beer that someone made in his or her house.’ I want someone to say, ‘Wow.’”

Sarah Herzog, a senior business major, is currently the only woman in the club. Herzog’s desire to brew beer was rooted in her after a summer spent in London. Following her return, she discovered the Home-Brew Club at the Student Involvement Fair this fall.

“My favorite part about the club is learning about beer and also how to brew it,” Herzog said. “I’ve recently bought my first brew kit and said I will soon begin the process of making her own beer.

Alex Bay, a history professor at the Wilkinson College of Arts, Humanities and Social Sciences and adviser for the club, said he was instantly excited about the prospect of being a part of the organization, despite potential setbacks from the university.

“There was a little concern about students who have just made a club about making beer. The first half (is) about making it, but then obviously the other is to drink it. There’s liability and the university has to protect itself,” Bay said.

Bay has been a home-brewer since 1997 and said he’s excited to expose the Chapman community to the craft, art, science and business of home-brewing. He acts as a teacher too by guiding the club members toward making connections to breweries and businesses outside of Chapman.

Although the club is looking for more students to help expand, Bay said that “the club isn’t to supply parties with alcohol.

“We’re not a club for frat boys coming with their red cups and looking for a key — they can go to a party and drink Bud Light,” Bay said. “I think our tastes are a little more refined.”
Adventurous night with DJ duo

Ashley Probst | Features Editor

After being misguided by multiple employees and waiting outside of the Yost Theater for over an hour after the event doors were supposed to open, I was impatient to say the least. I finally got inside the venue, only to be greeted by a dance floor and stage covered in darkness, so I assumed that a pre-set playlist was filling the void with music. It wasn’t until I inquired about when the main act, Adventure Club, would be going on that I discovered there was actually a DJ on stage acting as the pre-show for the opening group, Ditta & Dumont.

As the room began to fill, many people could be seen wearing rave kandi and playing with flashing, neon lights — some attendees were even giving each other light shows using gloves with colorful, glowing fingertips. I made my way to the front row toward the end of the opening set, so it wasn’t too crowded yet and I was there when Adventure Club finally came on stage. It was definitely worth getting whipped in the face by the unbelievably long hair of the woman dancing on my right.

The contrast between the first DJ I saw upon entering and Adventure Club was astonishing, with 100 percent more lights, color and life. The DJ duo played many of their hit songs, including their remix of “Lullabies” by Yuna and their original song, “Thunderclap.” The crowd was receptive and enthusiastic as they reveled in the smoke cannons, confetti, crowd surfing and even a mosh pit that was instigated by the artists.

The main issue I had with this show was how many people were packed into such a tiny space. Once Adventure Club went on, I was constantly being pushed and it was almost impossible to break through the crowd when I tried moving backward. This definitely wasn’t the right venue for a group with such a large following.

But the best thing that happened at the concert was when an employee offered to bring me backstage — something I would never refuse! Although I was only there for the last couple songs, it was fascinating to be able to watch the DJs from the other side of the turntables. The performers were dancing and jumping around barefoot, laughing, hugging their friends as well as each other and generally having an amazing time. Having the opportunity to truly see the performers, more so as human beings than celebrities, completely revitalized my love for their music. If only I could have been back there for the entire show.

Smoquing hot lunch deal

Megan Abba | Editor-in-Chief

Take the quarter mile walk from main campus to Smoqued California BBQ in the Orange Plaza to indulge in a quality lunch you won’t be able to find in Argyles Forum or the cafeteria.

Don’t know where Smoqued is? Follow the barbecue sauce scents wafting down Glassell. (But actually, it’s located at 128 N. Glassell St. next to Citrus City Grille.)

Students can now take advantage of a special brown bag lunch special from the modern barbecue restaurant that’s exclusively for Chapman students who show a valid school ID.

The deal comes with your choice of a pulled pork or barbecue chicken sandwich, along with some flash-fried chips and a soft drink. Best part? It’s only $8.10, including tax.

I ordered the pulled pork sandwich. The pork itself was tender and juicy, and stage covered in darkness. The salty chips turned sweet in my mouth, a pleasurable and addicting taste. Dining in with the bag lunch is not allowed, so you’ll be ensured a quick trip — and not having to tip. Just walk in and order from the bartender or any available waiter. Call ahead at (714) 633-7427 to guarantee an even quicker turnaround. Although the brown bag special is advertised as a lunch deal, it is available all day, everyday during business hours. The meal was a perfect lunch portion — not skimpy on the meat — and the to-go drink was a great plus. The chips and wrapped sandwich are also convenient to take to class or to meet with a study group and bring back that middle school nostalgia of home-packed lunches.

The coleslaw on the sandwich provided a necessary crunch, but the small amount got lost in the rest of the sandwich’s flavors. The callah bun was a nice, spongy choice that soaked up all the barbecue sauce I poured on the meat. The seasoned chips were surprisingly one of my favorite parts of the meal. They were cut extremely thin, creating a light and airy crunch that burst with barbecue flavor. The deal comes with your choice of a pulled pork or barbecue chicken sandwich, along with some flash-fried chips and a soft drink. Best part? It’s only $8.10, including tax.

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Smoqued California BBQ offers brown bag lunches with a sandwich, chips and drink for $8.10.

Shrimp cocktail served at the American Celebration reception before the student performances Nov. 7.

Miles Furuichi | Photo Editor

This week at Chapman

Monday
9
Chapman’s Walk Against Violence
Attallah Piazza Noon - 2 p.m.

Tuesday
10
Tunnel of Oppression
Henley Hall Basement Noon - 10 p.m.

Wednesday
11
“Defies Measurement” movie screening
Irvine Lecture Hall 6:30 - 9:30 p.m.

Thursday
12
Theatre performance of “Eurydice”
Waltmar Theatre 7:30 - 9:30 p.m.

Friday
13
Curechella
Memorial Lawn 7 - 10 p.m.
Let me use my laptop

I have an appreciation for the old ways of doing things. I love history. My roommate has introduced me to more early-to-mid-20th century music than I can keep track of. I think records sound better than MP3s. But one thing I’m not old school with is my preferred method of note-taking in class. I’m a laptop-notes kid. I can type so much faster than I write, and the convenience of having permanent folders set up on my computer keeps me organized. I lose pieces of paper with imperceptible efficiency.

This is why I can’t stand it when professors outlaw laptops in lecture classes.

Now, I understand why certain classes, like labs or Socratic seminar-based classes disallow laptops – it’s hard to stay totally engaged in a task or active conversation with a computer in front of you. But I’m talking about lecture classes, where the professor stands at the front and presents information the whole time. I see no good reason why laptops shouldn’t be allowed in such classes. I have heard the argument – it can be a distraction from learning. But so can many things. I don’t think it’s the professor’s responsibility to make sure people are taking in the information they’re presenting. A student taking notes on a piece of paper could easily be doodling in the corner of his or her page the whole time. Another not-taking-not-all is probably daydreaming about whether or not President Dotti hangs out with actual panthers. And yes, a student on a laptop could be watching “House of Cards” instead of taking notes on macroeconomics, but it isn’t the professor’s job to babysit us and make sure we are all paying attention – it’s our job to practice self-discipline.

Besides, I find that taking notes on a laptop is actually more effective for my learning. I’ll often look up terms I’m not familiar with during lectures, which is something I can’t do with pencil and paper.

Keeping my notes via computer is more environmentally conscious. I’m making a point for these trees that those professors who don’t allow laptops kill by having their students take notes on paper. So if nothing else, professors who teach lecture classes should allow laptops because trees are cool.

In the real world, your future boss is never going to accept transcripts written by hand. There is no reason for professors to deny the way of doing things in the digital age just because of their owntechno-terror. It’s not fair to deprive their students of their best way of taking notes because of a personal preference for “the good old days.” I’m sure none of their old professors made them take notes with a quill pen and parchment.

I guess my point is, I don’t think it’s the professor’s responsibility to make sure we’re learning – that’s on us. We are at the age now where we need to be taking the initiative on our own learning. If taking notes on a laptop is the best way to stop making that happen, then I don’t think that option should be disallowed just because another student may not be able to handle staying away from Facebook for 50 minutes.
In defense of being basically basic

Everyone has a certain social put-off – an issue that affects the possibility or perspective that prevents friendships from forming and continuing if they aren’t able to speak in a certain way. For many people, these put-offs are issues of major importance that they become the other person’s entire identity. For some people, it may be the idea that they aren’t comfortable in being a different faith than the person. For myself, I find people who believe that all conspiracy theories are wacky and beyond possibility pretty off-putting. Nobody is easier to control than someone who is easily trusting. Now, I am not positing paranoia as some sort of higher level of intelligence coming forth, but I believe conspiracy theories are an immensely interesting world to look into. At their core, they are a method of teasing out doubt that we have about how social information is disseminated throughout the public. From our generation’s suspicion of media and its biases, conspiracy theories are more relevant than they have ever been. Anyone who is honest with his or herself knows that they are capable of being deceived, and having a sensitivity to conspiracy theories shows an understanding of this luxuriously troubling (in my opinion). Certainly there are those who take conspiracy theories to the extreme and I am not one to agree with someone like David Icke who suggests the Bush family and British royal family are lizard people. But in a day and a year where the government has passed laws that allow them to go on covert operations and even give them the power to have citizens monitored, which is a bit “conspiracy theory lite” edition, but it works. One of the more interesting theories I have heard is the conspiracy theory that the public is slowly being conditioned and eased into the reality of aliens, after a long planned and slow reveal process that takes place in pop culture, science and the news. As zany as it may sound, always listen to the people who have these ideas. They may surprise you with just how crazy their evidence sounds.

People who believe things are only as far as they seem frighten me more than the supposed insanity of other conspiracies. I would rather befriend someone who has taken critical thinking too far than someone who doesn’t seem to take it anywhere at all. I hope one day everyone looks at conspiracy theories as a means of understanding America a bit better. Some consider 9/11 an inside job, and that’s an interesting perspective on the way in which disinformation has become with the government, as they seem frighten me more than the supposed insanity of believing anything. Yet since coming to Chapman, I realized it’s almost impossible to escape the bubble that the majority of students are encased in. This small school attracts like-minded people, and I think it’s time we consider that until proven to be no longer worthy of consideration. That’s all I ask you to do. Give insane ideas a chance.

Don’t blindly dismiss conspiracy theories

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Lower the drinking age, lower the risk

Not only Light, juice and cheap vodka: All are staples in college students’ diets, consumed mainly behind closed dorm room house party doors, hidden from resident advisers and police officers. Megan Abba, editor-in-chief

One of all alcohol use reported by college students is among those who are underage, according to the Hopkins Center on Alcohol Marketing and Youth, and about 40 percent of all college students binge drink. The statistics are clear: College students are going to drink alcohol. So why make it illegal for them to do so, resulting in dangerous drinking behaviors?

For the record, I’m not just a crazy college kid who wants to party every night. Not only is it illegal, and can legally purchase alcohol, but I would much rather curl up in bed watching “Parks and Recreation” than go to our local bar. I do enjoy a beer, especially after personal experiences, I genuinely think that lowering the drinking age to 18 could greatly promote safer drinking habits, especially on college campuses.

Moving into the dorms my freshman year was thrilling. I felt a new sense of freedom and with that came bad habits. Just a few weekends into my new life in Murphy Hall, I began pregaming. It was easy to find some friends before going to an off-campus fraternity venue party. Since we were underage, we knew that if we wanted to remain drunk for the entirety of the party, we would have to arrive pretty intoxicated. So I began taking shots of vodka. And I had the genius idea of taking a shot with everyone who entered the dorm room (which was a lot). I remember taking a shot. Then I remember waking up, still in my clothes from the night before, on the floor next to my own bed. I didn’t even make it to the party. Apparently, Public Safety had to carry me back to my room, because as they seem frighten me more than the supposed insanity of believing anything. Yet since coming to Chapman, I realized it’s almost impossible to escape the bubble that the majority of students are encased in. This small school attracts like-minded people, and I think it’s time we consider that until proven to be no longer worthy of consideration. That’s all I ask you to do. Give insane ideas a chance.

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Chapman sports lack chemistry

Rachel Gossen  
Sports Editor

I'm sorry, Chapman. It's been a rough fall in our world of sports, which you may have noticed if you've opened the paper to these pages in previous issues. But I'm not the only one who should be sorry. It's on the players. Coaches can do their best to pull a team together and work them hard, but if the right chemistry isn't there, there's no way to rack up wins.

Take the football team for example. Coming off the best year in program history, with a conference championship title, the team lost its first three games of the season and added on two more losses to secure the first losing season since 2011.

Individually, Chapman has a great group of players. Senior running back Jeremiah McKibbens has been breaking Chapman records in almost every game and senior wide receiver Sean Myers is leading the conference in catches per game.

So what has gone wrong this season? Chemistry.

The team hasn't found its groove. It's easy to see how hard they train and work on the field, but something hasn't clicked and brought them together to truly work as a team.

Thank God for Whittier not winning a football game yet this year, because that means the Panthers have a chance to end their season on a high note next Saturday when they face the Poets.

Postseason hopes died quickly for nearly every team, but women's soccer and volleyball as well. Women's soccer ended the season 6-1-2 and landed in a conference tie for seventh, a far cry from the 2012-13 team, which took second place. Women's volleyball took sixth place out of nine in conference and ended with a record of 10-14.

The only redeeming fall sports have been men's soccer, which made it to the conference playoffs, and men's water polo, which currently holds the conference playoffs, and men's soccer, which made it to the conference playoffs.

Neege Amirieh | Staff Writer

The Chapman men's water polo team fell 13-9 to Claremont-Mudd-Scripps, the No. 1 team in the Southern California Intercollegiate Athletic Conference (SCIAC), on Saturday.

"The first quarter was awful, we went down 6-0 and it is really hard to come back from being behind from the start," said junior utility Corey Plaster. "I think we should have shot more and should have opened up the rest of our players more."

In the first quarter, Claremont (17-7, 7-0) scored six goals, while there was no action or scoring for the Panthers (12-9, 4-2).

"We should have come out stronger in the first quarter," said sophomore two-meter defender Jeff O'Brien. "The last three quarters we had good team play, but in the first quarter we did not come out strong enough."

In the second quarter, Chapman made a slight comeback scoring three goals, while the Stags only scored two goals in the second quarter and throughout the third and fourth quarters, as did the Stags.

The Stags did not surrender their lead throughout the game, regardless of Chapman's aggressive comeback.

The Panthers came back and scored after the first quarter and put up a good fight," said Chapman junior guard Rye Newman. "I think there was a momentum switch. The crowd had an effect in the later three quarters of the game."

Chapman senior attacker Tanner Cullen was the highest scorer for his team, scoring one goal in each quarter.

"We knew it was going to be a hard, we came out knowing they were going to be good." Of men said. "We have Whittier too, which is high on SCIAC. So we are going to try to beat them and get a good win by running the system, playing our offense and running our good defense."

Chapman plays against Whittier College at home on Wednesday at 7 p.m.

Men's basketball faces inexperience

Daniel Starkand | Senior Writer

The Chapman men's basketball team, led by an experienced group of seniors, broke a school record last year by starting off the 2014-15 season 16-0. The team ended up finishing 22-5, 12-4 in conference play, winning its first ever Southern California Intercollegiate Athletic Conference regular season championship.

Unfortunately though, the team lost six seniors – the top six leading scorers – after graduation. A whole new crop of Panthers will be taking the court in the 2015-16 season, something that head coach Mike Bokosky, who has been at Chapman for 24 years, believes will be a learning experience.

"We don't have the fire power that we had the last couple of years, where we were one of the top teams in the country in all the offensive categories, so I think we'll be more balanced and just trying to figure out who our top guys are as the season goes on," he said.

With team leaders, like Colin Zavrinick and Taylor Hamasaki – Chapman seventh and ninth all-time leading scorers, respectively – gone, Bokosky is looking elsewhere for leadership.

"Right now we have a transfer grad student Luke Hamlin, who has a couple years of eligibility left, and he's the man," he said. "He's very mature on the court. He has a calming effect (and) has a nice leadership trait quality about him. But who our leader will be is still to be determined."

Junior forward Davis Dragovich has averaged 4 points and 3.1 rebounds in 15.5 minutes per game last season.

Another key bench contributor from last season and a possible starter this season is senior forward David Dragicovich who averaged 4 points in 11.6 minutes per game his junior season. Dragicovich believes that this team could do some damage despite everything it lost.

"The goal is always to make it to the conference tournament and eventually the national tournament," Dragovich said. "We lost some really talented guys from last year, but as a whole I think this team is just as talented as any Chapman team I've been a part of and we're definitely strong enough to make that kind of run."

Bokosky also pegged junior forward James Griffin as someone to watch for, although he only played three minutes per game last season.

"He's been around in the program a little while, so in practice he just looks like a guy that's gotted," Bokosky said.

While Bokosky did not bring in as big of a freshman class as last season, he said that 6-foot-2 freshman guard Ham had looked the best out of the freshmen so far in practice.

"He's really mature both physically and mentally," Bokosky said. "He's really good talent for us and he'll play just as much as anyone else in our program."

Overall, Bokosky believes the team's success this season will depend on the players' ability to learn in practice and gain experience.

"Our season will depend on our ability to learn and improve," Bokosky said. "We'll improve on things in practice so we can move on to other areas we need to work on! I don't know yet. I think most teams that are average or below average teams are still working on things that they should have mastered in October and November in January. So we'll see."

The Panthers' first official game isn't until Tuesday, Nov. 17 when they take on La Sierra University, but they have a scrimmage set up for Tuesday, Nov. 10 against a National Association of Intercollegiate Athletics school, Vanguard University, in Irvine to kick off their season.
Men’s soccer scoreless in home playoff game

Jacob Hutchinson | Staff Writer

The Chapman men’s soccer team’s season came to a close last Wednesday night, as the Panthers fell to the visiting University of La Verne Leopards 1-0 in the Southern California Intercollegiate Athletic Conference tournament semifinals. The Panthers (12-6-3, 11-4-1) had come into Wednesday’s game on a six-game win streak, but were unable to extend it after being stifled by La Verne’s defense.

The Panthers had plenty of chances, but were unable to convert any of their 14 shots into goals. Chapman had consistent attacking plays and limited the Leopards (16-5-1, 11-4-1) defensively for the most part, only allowing them four shots on goal. “(The Leopards) were able to find ways to stop us from scoring and were able to find ways to stop us from getting shots on goal,” said sophomore defender Kuhn.

“We still created a lot of attack,” said head coach Eddie Carrillo. “We just didn’t create too many really, really quality chances.” Carrillo said the team could have taken more shots. “Maybe shoot more. Just shoot more, even if it’s not a great shot,” he said. “Maybe we could have defended a little better at the end.”

Kuhn said he felt the team was prepared and excited for the match going in, despite some nervousness. “I definitely think (the playoff atmosphere) got us all energized and excited, and it might have made some of us a little nervous – a little bit of butterflies,” he said. “It was a good atmosphere and unfortunately we weren’t able to get it done.”

Despite the loss, the Panthers were able to get it done. “It was a good year,” Carrillo said. “We played good soccer. We always had a chance to win every game that we played and we just have to learn from it.”

Kuhn said he was happy with the team’s performance this year, but had expected more. “I think it was a good group of guys that worked well together,” he said. “I think we had good chemistry, it was a team effort, and we all wanted to fight for each other, so it’s a tough loss because we know we couldn’t have gone a lot farther with this team.”

While Kuhn will return next year, the Panthers will be losing four seniors, three of them starting goalkeeper Nick Berardi, midfielder Gino Belassen, midfielder Boston Kimmel and forward Karam Gill.

Senior midfielder Gino Belassen winds up for a kick during Wednesday’s playoff game against the University of La Verne. This was the first home playoff game in team history.
Football grabs rivalry win over Redlands 27-13

Daniel Starkand | Senior Writer

Although they were mathematically eliminated from a chance to repeat as Southern California Intercollegiate Athletic Conference (SCIAC) champions with last week’s loss to the University of La Verne, the Chapman Panthers (3-5, 3-3) took the field Saturday night with nothing to play for but pride against their rival the University of Redlands Bulldogs (3-5, 3-3).


“Obviously this season didn’t go as we planned so it was just great to get a team win here tonight,” said junior quarterback Andrew Chavez. “I think a lot of the younger guys know that we had a lot of close games that didn’t go our way this year, but we’re just going to learn from it and get better and the program is going to keep ascending up.”

Chapman handed the ball to senior running back Jeremiah McKibbins early and often, as he scored three first-half touchdowns and ended up with 24 carries for 131 yards. He is not only having quite a special season, but a special career, as heading into Saturday’s game he was one of 16 active players to rush for more than 3,000 yards in the NCAA Division III and has the second highest active career scoring average at 9.7 points per game. McKibbins ranks sixth in the nation in scoring this year (13 points per game), 14th in rushing yards per game (139.5) and 16th in rushing touchdowns (13).

McKibbins now has 16 touchdowns for the season, ranking second among conference running backs.

“We had our up’s and down’s but every single week we fought through the pains and hardships. Of course, standings mean something, but it doesn’t define the team. How we handled those hardships and pains does,” McKibbins said about his historic season.

McKibbins left the game in the third quarter with what appeared to be a concussion. He did not return after being evaluated on the sidelines. His status for next week’s game, the last of his career, remains uncertain.

Chavez, who was the starter at the beginning of the season before being replaced by sophomore Mac Vail, was back and did well managing the game for the Panthers. He threw for 108 yards and didn’t commit a turnover in the victory.

Chapman’s defense came up with perhaps its best game of the season, coming up with four turnovers, two fumbles and an interception. Senior defensive back Drew DeMarco made the interception in the beginning of the second quarter. The interception was the seventh of DeMarco’s career.

“We just did our assignment. If we do that, we win and it showed tonight,” said junior safety Conner Larkin, who had seven total tackles during the game.

Two of Chapman’s fumble recoveries came in the fourth quarter, stopping any comeback attempt that Redlands tried to make.

The Chapman defense allowed 333 totals yards on the night, which is considerably less than the 422 yards per game averaged this season.

The Panthers will conclude their season next week when they host last-place Whittier College (0-8, 0-6) for Senior Day at 1 p.m.

“We just want to leave it all out there for our seniors. It’s their last game here so we’re going to play for them,” Chavez said.